



CHRISTIAN PRAYER

An Introduction

Explore the basics of Christian prayer and be introduced to major Catholic prayers and devotions along with an experience of various spiritual traditions. Integral to each session is an experience of prayer, course content, faith sharing, and large/small group discussion so that participants can apply the teachings to their life and ministry. **Facilitator: Christine Miesowicz**

Those who attend and engage in at least 10 of the 12 hours will earn a Certificate of Participation from the Diocese of Raleigh, applicable toward Basic Catechist Certification.

INTRODUCTION TO PRAYER

Course Topics:

What is Prayer? * Forms of Prayer
Ignatian Spirituality * Salesian Spirituality
Franciscan Spirituality * Carmelite Spirituality
and more!!

The sessions will be held on Wednesday evenings:
Sept. 27, Oct. 4, 11, 18, Nov. 8, 15
7:00-9:00 pm in the Meeting Room

Texts: *U.S. Catholic Catechism for Adults*
The Basic Book of Catholic Prayer (L. Lovasik)

- *Introductory level content*
- *For Catechists*
- *For any interested adult*
- *12 hours over 6 evenings*
- *Limited to 15 participants (catechists get priority registration)*
- *Cost: \$25, plus books, FREE FOR CATECHISTS*
- *Registration now open*

ADULT FAITH
FORMATION
CATHY RUSIN

PHONE:
919-362-0685 x124

EMAIL: ADULT_FAITH@
SAINTANDREW.ORG

INTRO TO PRAYER

Name: _____

Address: _____

Telephone: _____

**Please return this form to the Adult Faith
Formation Office.**

Email: _____

Please check: I am am not a catechist at St. Andrew the Apostle

I already have need (please order for me) a copy of the *US Catechism for Adults*
If you are not a parish catechist, please return this registration with a check for \$25 made out to "Diocese of Raleigh"

Space is limited, priority will be given to parish catechists who have registered by September 18.